

ASBC
ASIAN U22 AND YOUTH
MEN & WOMEN

BOXING
CHAMPIONSHIPS
COLOMBO 2025



- ASBC reserves the right to update this Handbook as and when required
- This Handbook must be read in conjunction with the IBA Technical and Competition Rules

Team Delegation's Handbook
Version 1.1
March 10, 2025



ASBC INTERIM PRESIDENT'S WELCOME MESSAGE

Dear athletes, coaches, officials, distinguished guests and boxing enthusiasts,

It is with great pleasure and honor that I welcome you all to the ASBC Asian U22 & Youth Men and Women Boxing Championships Colombo 2025. This prestigious event is a testament to the unwavering spirit of Asian boxing, bringing together the most talented young athletes from across our continent to showcase their skills, determination, and sportsmanship.

First and foremost, I would like to express my gratitude to the Boxing Association of Sri Lanka and the local organizing committee for their hard work and dedication in hosting this championship. Their commitment ensures that our athletes compete in the best possible conditions, allowing them to reach their full potential and create unforgettable moments in the ring.

To our young boxers, this championship is more than just a competition—it is a stepping stone to greatness. Many champions of today have risen from these very championships and I have no doubt that among you are the future stars of Asian and world boxing. Stay focused, give your best, and always respect your opponents, for true champions are defined not only by their victories but also by their integrity and discipline.

To our esteemed International Technical Officials and Referees & Judges, your dedication to fairness and excellence ensures the integrity of our sport. We deeply appreciate your commitment to upholding the highest standards, making this event a fair and memorable experience for all.

As we gather here in the beautiful city of Colombo, let us celebrate the unity, passion, and determination that boxing brings to all of us. May this championship be a stage for new milestones, lasting friendships and the relentless pursuit of excellence.

On behalf of the Asian Boxing Confederation (ASBC), I wish all athletes the best of luck and encourage everyone to enjoy the competition. Let's make Colombo 2025 an unforgettable chapter in the history of Asian boxing!

Thank you!

**Mr. Aziz Kozhambetov,
ASBC Interim President**



BOXING ASSOCIATION OF SRI LANKA PRESIDENT'S WELCOME MESSAGE

As the President of the Boxing Association of Sri Lanka, it is my great pleasure and honor to welcome all of you to the ASBC Asian U22 & Youth Boxing Championships, which will be held on May 10th to 24th 2025, in Colombo, Sri Lanka. This prestigious event brings together the finest young boxing talents from across Asia, providing them with a platform to showcase their skills, determination, and sportsmanship.

Boxing is a sport that embodies discipline, resilience, and the spirit of perseverance. This championship serves as an invaluable opportunity for our young athletes to gain international exposure, refine their techniques, and test themselves against the best in their category. The experience they gain here will be instrumental in shaping their future careers, whether in regional competitions, world championships, or even the Olympic stage.

We deeply appreciate the participation of all athletes, coaches, officials, and supporters who have traveled from various countries to be part of this thrilling event. Your presence not only elevates the level of competition but also strengthens the bonds of friendship and unity within the Asian boxing community.

Sri Lanka is proud to host this championship, and we are committed to providing a world-class experience with the highest standards of organization, fairness, and hospitality. We hope you enjoy both the fierce competition inside the ring and the warm hospitality of our beautiful country.

Wishing all participants the very best in their bouts—may your hard work and dedication lead to success. Let us celebrate the spirit of boxing and the bright future of our young champions!

Dr. Anuruddha Shanaka
President
Boxing Association of Sri Lanka



1. ORGANIZER

Boxing Association of Sri Lanka affiliated to IBA and ASBC has been entrusted with the organization of the ASBC Asian U22 and Youth Men & Women Boxing Championships Colombo 2025 ("Championships" or "Event").

2. CONTACTS

Registration for Team Delegations	database@iba.org
Registration for Extra Officials	database@iba.org
Competition Related Issues	sports@asbcnews.org
Competition Manager (Mr. Tharanga Perera)	tnirojana@gmail.com
Visa and Entry Requirements	aruna.sooriya@gmail.com
Accommodation	phwijesekara@gmail.com lalisha2013 @gmail.com
Transportation	buddika.nissanka@gmail.com
Organizing Committee (LOC)	srilankaboxing@gmail.com

3. COMPETITION

The Championships will be organized according to IBA Technical and Competition Rules.

a. Age Eligibility and Weight Categories

U22 Men

Age: 19 – 22 years old (born from January 01, 2006 to December 31, 2003).

13 Weight Categories: 46–48kgs, 51kgs, 54kgs, 57kgs, 60kgs, 63,5kgs, 67kgs, 71kgs, 75kgs, 80kgs, 86kgs, 92kgs, +92kgs.

U22 Women

Age: 19 – 22 years old (born from January 01, 2006 to December 31, 2003).

12 Weight Categories: 44–46kgs, 50kgs, 52kgs, 54kgs, 57kgs, 60kgs, 63kgs, 66kgs, 70kgs, 75kgs, 81kgs, +81kgs.

Youth Men

Age: 17 – 18 years old (born from January 01, 2007 to December 31, 2008).

13 Weight Categories: 46–48kgs, 51kgs, 54kgs, 57kgs, 60kgs, 63,5kgs, 67kgs, 71kgs, 75kgs, 80kgs, 86kgs, 92kgs, +92kgs.

Youth Women

Age: 17 – 18 years old (born from January 01, 2007 to December 31, 2008).

44–46kgs, 50kgs, 52kgs, 54kgs, 57kgs, 60kgs, 63kgs, 66kgs, 70kgs, 75kgs, 81kgs, +81kgs.

b. Format

U22 Men and Women: Three (3) rounds of three (3) minutes each, one (1) minute of rest between rounds.

Youth Men and Women: Three (3) rounds of three (3) minutes each, one (1) minute of rest between rounds.

- The Official Draw will be conducted by Swiss Timing system through an electronic random draw.
- Medals will be distributed to the first four (4) boxers in each weight category (1 gold, 1 silver, 2 bronze).
- The Championships will be officiated by IBA certified International Technical Officials and IBA certified 2 - 3* R/Js.
- 10-must point system will be used.

c. Official Boxing Equipment

All official boxing equipment for the championships will be provided by IBA Official Licensee.

d. Schedule

Date	Event	Place
May 10	Arrivals, Sport Entries Check (Day 1)	Cinnamon Red Colombo Hotel
May 11	Sport Entries Check (Day 2), Technical Meeting, Official Draw	Cinnamon Red Colombo Hotel
May 12 - 15	Preliminaries	Sugathadasa Indoor Stadium
May 16 - 18	Quarterfinals	Sugathadasa Indoor Stadium
May 19	Rest day	Sugathadasa Indoor Stadium
May 20	Semifinals	Sugathadasa Indoor Stadium
May 21	Semifinals	Sugathadasa Indoor Stadium
May 22	Finals	Sugathadasa Indoor Stadium
May 23	Finals	Sugathadasa Indoor Stadium
May 24	Departures	Bandaranaike International Airport



4. SPORT ENTRIES CHECK

The Sport Entries Check (SEC) will take place on May 10, 2025 full day and on May 11, 2025 in the morning at Cinnamon Red Colombo Hotel and is mandatory for all Team Delegations. Team Delegations will be informed about the exact day and time of their appointment during accreditation process after arrival.

Each Team Delegation may appoint maximum two (2) representatives (Team Manager and/or Team Doctor and/or Head Coach) to attend SEC.

Each Team Delegation representatives will have a 10-minute appointment with ITOs to confirm the entry list of their delegation, spelling of boxers' names, uniform, national flag and anthem, and to present the official documents listed below:

- Entry list of a Delegation
- Passport of each Boxer
- Record Book of each Boxer (Medical and Annual Medicals must be completed correctly, signed and stamped by a doctor).
- Boxer's Uniform (red and blue), robe and black sport form fitting-hijab (if applicable). The belt line of any shorts/skirt must be clearly identified by a contrasting color and must be 6 – 10 cm wide. The belt line is an imaginary line from the navel to the top of the hips and must not cover the navel.
- Results of Hepatitis B, Hepatitis C and HIV tests not older than 6 months.
- IBA Medical Certificate for each Boxer (issued within the last 30 days).
- Declaration of non-pregnancy signed by a legal guardian.
- Video Consent Form signed by Team Manager/Head Coach.
- Image Rights Consent Form signed by Team Manager/Head Coach.
- IBA Code of Conduct.
- National flag (1m x 1,5m) and anthem (on USB/CD in mp3 format).
- Hair net/bandana

Please note that if your representatives DO NOT show-up to the scheduled appointment, the entire team will be disqualified.



5. REGISTRATION

Registration is opened from March 15, 2025 to April 15, 2025.

Each Asian National Federation must register its Team Delegation through the IBA Database: <https://www.iba-database.org/nf>

Each National Federation is invited to register maximum one (1) entry boxer and one (1) reserve boxer in each weight category.

Registration	Done by	Deadline
Boxers	Each NF through web registration	April 15, 2025
Team Officials	Each NF through web registration	April 15, 2025
Extra Officials	Each NF through web registration	April 15, 2025
Room Reservation	Each NF by email	April 23, 2025
Travel Details	Each NF by email	April 23, 2025

a. Team Composition:

- Team Manager: 1
- Team Doctor: 2
- Physiotherapist: 2
- 1 – 4 boxers: up to 3 coaches
- 5 – 8 boxers: up to 4 coaches
- 9 – 12 boxers: up to 5 coaches
- 13 – 19 boxers: up to 8 coaches
- 20 – 25 boxers: up to 10 coaches
- Extra Person: Open

b. Coaches and Team R/Js

- Each Boxer may be accompanied to the ring by up to three (3) Coaches.
- Only two (2) Coaches may mount the apron of the ring and only one (1) may enter the ring.
- All boxers must be accompanied to the ring by at least one (1) certified (1, 2, 3 Star) coach.
- Only IBA certified Coaches (1, 2, 3 Star) are allowed to work in the Field of Play (FOP).
- Any Coach of a National Level (not certified) will not be allowed to enter the FOP.
- If your team doesn't have any IBA Certified Coach (1, 2 or 3 Star), please raise this issue at the Technical Meeting, so the arrangements can be made with another team.
- All R/Js are to be nominated by their respective NFs and approved by the ASBC R/J commission.
- R/Js nominated by NFs must be IBA certified (2 Star and above).
- NF must pay for the airfare of its approved R/J and the LOC will provide the local transportation, accommodation, meals and per diem.

6. VISA AND ENTRY REQUIREMENTS

LOC will provide all necessary visa support assistance.
For information please contact:

Name	Mr. Arunasooriya
Email	aruna.sooriya@gmail.com
Mobile	+94773033581

Visa support requests must be sent to the LOC no later than April 15, 2025.

7. TRANSPORTATION

International Transportation

All travel information related to the Team Delegation must be sent to the LOC (Mr. Buddhika Nissanka, e-mail: buddika.nissanka@gmail.com, mob.: +94714282305) no later than April 23, 2025.

The airport of arrival and departure will be Bandaranaike International Airport (CMB).

Local Transportation

Local transportation will be provided by the LOC to/from the Bandaranaike International Airport, to/from the hotel and to/from the competition and training venues.

8. COMPETITION AND TRAINING VENUES

Name	Sugathadasa Indoor Stadium
Capacity	6000
Address	Arthur de Silva Mawatha, Colombo



9. ACCOMMODATION

Room reservation requests must be sent to the LOC (Mr. Prasad Wijesekara, mob.: +94760001417, Email: phwijesekara@gmail.com, Mr. Lalisha Kahatapitiya, mob.: +94771933786, Email: lalisha2013@gmail.com) **no later than April 23, 2025.**

Room Type	Price (per person per night)
Single occupancy	120\$USD
Double occupancy	100\$USD

Extra persons

Room Type	Price (per person per night)
Single occupancy	135\$USD
Double occupancy	110\$USD

Room cost includes:

- Free meals
- Local transportation
- Free internet

Payment Conditions:

All Team Delegations must pay full room charges as indicated above for the entire Championships period (May 10 – 24, 2025) IN CASH ONLY.



10. ACCREDITATION

All Team Delegation members (as listed in p.5) registered through the web registration before April 15, 2025 will get accreditation after the accommodation payment is confirmed.

11. MEDICAL INSURANCE

All participants are requested to get their own Medical and Travel insurance as the LOC will provide liability insurance for all participants only at the Competition venue.

12. MEDICAL CARE

The LOC will provide Medical care and First-aid during the entire Championships to any participant who suffers from a sports injury contracted during the Championships.

13. ANTI-DOPING CONTROL

Anti-Doping control will be conducted in accordance with the IBA Anti-Doping Rules and the World Anti-Doping Code at the ASBC Asian U22 (Men and Women) Boxing Championships.





THANK
YOU

